

**North Ayrshire Age Group Development Meet (12+)**

**Licence Number: WD/L3/004/0824**

**Date**  Saturday 31 August 2024

**Venue** The Portal, 60 High Street, Irvine, KA12 0AZ

**Pool** 6 lane, 25m, anti-wave lane ropes, full electronic timing with

scoreboard, limited spectator seating.

**Age** on day of competition

**Age Groups** 12 years, 13 years, 14 years, 15 years, 16years and over

**Events** 50 Free, 100 and 200 Free, Back, Breast, Fly, 400 Free,

200 and 400 IM.

Swimmers can only swim in own age group in individual events.

Relays - Mixed Girls and Boys Freestyle and Medley relays.

Swimmers can swim up age groups in relays

Number of heats will be limited to ensure the smooth running of the competition. Heats will be swum slowest to fastest. Entries will be accepted on time basis.

**Awards** Medals to 1st, 2nd and 3rd places.

Relays Medals to 1st, 2 and 3rd places

**Closing date** 17 August 2024

**Entry form** Submit times by HY-Tek provided or available from [admin@northayrshireswimming.com](mailto:admin@northayrshireswimming.com)

**Entry fee** Individual events £7.00. Relays £0

**Payment** BACS Transfer – Bank of Scotland, Sort Code 80-17-11 Account No. 00133737

**Poolside pass**£10.00 per day per person (coach/team manager). Provides breakfast roll, tea/coffee through the day an d lunch. Includes start sheet, results and paperwork.

**Accreditation** To ensure accreditation every club with 5 or more swimmers entered to supply one judge for each session that the club has a swimmer participating.

**Spare lanes** North Ayrshire ASC reserves the right of spare lane if available.

**Withdrawals** Withdrawals will be accepted (in writing to [admin@northayrshireswimming.com](mailto:admin@northayrshireswimming.com)) up to 19th August 2024 to allow necessary time for MM file preparation.

**Marshalling** Marshalling is compulsory. Swimmers will be called for in whole events at least one event prior to their swim and marshalled into heats in the designated marshalling area. Swimmers will then be sent in heat order to the starting blocks.

**North Ayrshire Age Group Development Meet**

**Saturday  31st August 2024**

Session 1 – warm-up 9am for 10am start

Event 101: Girls 12 years & over 100m Butterfly

Event 102: Boys 12 years & over 100m Butterfly

Event 103: Girls 12 years & over 200m Freestyle

Event 104: Boys 12 years & over 200m Freestyle

Event 105: Girls 12 years & over 200m IM

Event 106: Boys 12 years & over 200m IM

Event 107: Mixed 12 years & over 4x50m Freestyle Relay

Event 108: Girls 12 years & over 100m Backstroke

Event 109: Boys 12 years & over 100m Backstroke

Event 110: Girls 12 years & over 200m Breaststroke

Event 111: Boys 12 years & over 200m Breaststroke

Event 112: Girls 12 years & over 400m Freestyle

Event 113: Boys 12 years & over 400m Freestyle

Session 2 – warm-up 1.30pm for 2.30pm start

Event 201: Girls 12 years & over 100m Breaststroke

Event 202: Boys 12 years & over 100m Breaststroke

Event 203: Girls 12 years & over 200m Backstroke

Event 204: Boys 12 years & over 200m Backstroke

Event 205: Girls 12 years & over 400m IM

Event 206: Boys 12 years & over 400m IM

Event 207: Mixed 12 years & over 4x50m Medley Relay

Event 208: Girls 12 years & over 100m Freestyle

Event 209: Boys 12 years & over 100m Freestyle

Event 210: Girls 12 years & over 200m Butterfly

Event 211: Boys 12 years & over 200m Butterfly

Event 212: Girls 12 years & over 50m Freestyle

Event 213: Boys 12 years & over 50m Freestyle

Times slower than A Grade

**Girls Slower than**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **12 years** | **13 years** | **14 years** | **15 years** | **16 years & over** |
| **50m Freestyle** | 34.07 | 32.97 | 31.16 | 30.75 | 30.13 |
| **100m Freestyle** | 1.13.39 | 1.10.86 | 1.07.02 | 1.05.92 | 1.05.04 |
| **200m Freestyle** | 2.38.92 | 2.32.81 | 2.24.31 | 2.22.10 | 2.19.95 |
| **400m Freestyle** | 5.26.18 | 5.14.17 | 5.04.55 | 5.00.37 | 4.55.36 |
| **100m Backstroke** | 1.23.19 | 1.19.30 | 1.14.72 | 1.13.40 | 1.12.21 |
| **200m Backstroke** | 2.56.39 | 2.48.94 | 2.39.30 | 2.37.27 | 2.34.39 |
| **100m Breaststroke** | 1.35.12 | 1.30.50 | 1.25.78 | 1.24.35 | 1.22.97 |
| **200m Breaststroke** | 3.22.88 | 3.14.38 | 3.04.36 | 3.01.98 | 2.58.20 |
| **100m Butterfly** | 1.23.90 | 1.19.76 | 1.14.68 | 1.13.55 | 1.12.28 |
| **200m Butterfly** | 3.05.72 | 2.55.59 | 2.45.73 | 2.42.77 | 2.40.46 |
| **200m IM** | 3.00.57 | 2.53.21 | 2.43.17 | 2.41.21 | 2.38.61 |
| **400m IM** | 6.12.34 | 5.56.57 | 5.45.33 | 5.37.13 | 5.31.60 |

**Boys Slower than**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **12 years** | **13 years** | **14 years** | **15 years** | **16 years & over** |
| **50m Freestyle** | 33.44 | 31.39 | 29.14 | 28.25 | 27.33 |
| **100m Freestyle** | 1.12.88 | 1.07.78 | 1.03.21 | 1.01.03 | 59.06 |
| **200m Freestyle** | 2.36.23 | 2.26.83 | 2.16.89 | 2.12.68 | 2.08.76 |
| **400m Freestyle** | 5.23.78 | 5.04.34 | 4.49.57 | 4.42.57 | 4.28.89 |
| **100m Backstroke** | 1.23.02 | 1.17.19 | 1.11.13 | 1.08.68 | 1.06.37 |
| **200m Backstroke** | 2.55.35 | 2.44.50 | 2.32.68 | 2.27.65 | 2.23.68 |
| **100m Breaststroke** | 1.34.70 | 1.27.49 | 1.20.59 | 1.17.73 | 1.15.15 |
| **200m Breaststroke** | 3.22.93 | 3.09.52 | 2.54.03 | 2.48.93 | 2.44.40 |
| **100m Butterfly** | 1.23.25 | 1.16.45 | 1.10.70 | 1.07.54 | 1.05.57 |
| **200m Butterfly** | 3.04.00 | 2.50.58 | 2.36.99 | 2.31.33 | 2.26.36 |
| **200m IM** | 2.57.88 | 2.47.90 | 2.35.76 | 2.30.40 | 2.26.21 |
| **400m IM** | 6.11.80 | 5.47.04 | 5.29.08 | 5.16.65 | 5.08.81 |

**North Ayrshire Development Meet (12+)**

**Saturday 31 August 2024**

**Meet Entry Summary Sheet**

**This form should be completed and returned by 17th August 2024 to admin@northayrshireswimming.com**

|  |  |
| --- | --- |
| CLUB |  |
| CONTACT NAME |  |
| ADDRESS |  |
| POSTCODE |  |
| TEL NO. |  |
| E-mail |  |
| Club STO contact and email |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Number** | **Each** | **Total £** |
| Male Entries |  | £ 7.00 |  |
| Female Entries |  | £ 7.00 |  |
| Poolside pass |  | £10.00 |  |
|  |  | **TOTAL DUE** |  |

**Pay by** -

BACS Transfer Bank of Scotland, Sort code 80-17-11, Account No. 00133737. Mark payment Club Code e.g. WNAX/DevMeet

**Return form to**: [admin@northayrshireswimming.com](mailto:admin@northayrshireswimming.com)

Each Club requires at least one poolside pass per day. This covers start sheets, results and allows a coach/team manager to accompany swimmers on poolside. The cost of meals is included and cover breakfast and lunch. Only swimmers, holders of poolside passes, technical officials, meet and venue personnel are allowed poolside.